

Case Study 1 – Young Carer

**Situation: My mother was poorly, I didn't want to leave her alone, which made me very anxious. I started to suffer poor mental health when I was about 12.**

Mum arranged a GP appointment. But nothing happened.  
youth council

I finally got a meeting with the Child & Adolescent Mental Health Services  
youth council

2 Years Passed and I heard no more, until....

School noticed something was wrong, as I was getting in trouble at school.  
youth council

Pastoral Worker - The got me a 2nd GP Appointment  
youth council



I was put on a waiting list

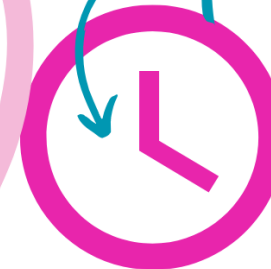
School didn't supply the information needed for the form. When they did CAHMS lost the form.  
youth council



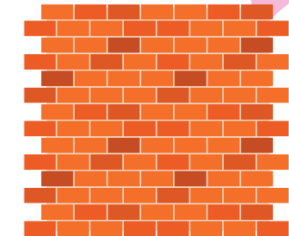
Nothing happened  
School ended and so did the support. without the evidence from the school I could not access Mental Health Specialist



We completed the form a further 3 times



I waited



I never recieved any mental health support

**“What I needed was a Key Worker to oversee the process to navigate the system, ensure the school had completed the forms so that I could access the support. Could there be an easier way for schools to provide the information? Or do we need schools to back young people if they dont have the capacity to do so?”**

Case Study 2 – Early Years

An early year's professional was attempting to support a complex case across county lines. The mapping showed the communication breakdown between several agencies where information could not be transferred, even with the permissions of the family to do so, leading to the family falling through the net.

